



You Just Can't Help It!: Your Guide to the Wild and Wacky World of Human Behavior

Jeff Szepliget

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How many times have you been frightened and felt the hairs on the back of your neck stand up? Or been unable to hold back a laugh? Or flinched when an object whizzed by, too close for comfort? The thing is, you just can't help yourself — you're only human! Part Desmond Morris's *The Naked Ape*, part *MAD Magazine*, and all Jeff Szpirglas, this unique book provides a cultural, historical, and socio-biological perspective on human behavior.

Szpirglas's goofy, kid-friendly sensibility paired with the book's look, energy, and scope is guaranteed to engage and captivate young readers. Kids will read about body language, birth order, staring contests, fits of laughter, crowd behavior, sniffing dirty diapers, yawning, dreaming, and the art of lying — only to realize that science is at work behind each action!

You Just Can't Help It! is an enthralling and slightly zany exploration of the basic human biology that determines our reactions, social interactions, and the ways we communicate with one another.



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