



# **The Zen of Strategy: Applying Game Theory and Buddhist principles to maximise success at work and at home**

*Kenji M. Maeda*

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In this highly original book, practicing Buddhist and Game Theorist, Kenji Maeda, discusses the combined application of two-thousand year-old Buddhist principles with contemporary Game Theory concepts. Learn –

- How to apply the concept of “attachment” to strategic situations to ensure your actions always reflect your strategy
- How to combine the concepts of “Karma” with Decision Trees to judiciously map the chain of cause and effect with accuracy
- That acting morally, ethically and without harming others is in your best long term interests
- That nothing stays the same. Constant adaptation of your strategy is required to deal with this
- That following the principles of “Mindfulness” will prevent your emotions from hijacking your best-laid plans



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