



# **Re-Introduction to Intimacy: a Workbook for the Single Man: Part 2. Learn the skills : Become Expert and ready for Intimacy (Volume 5)**

*Ms Sierra Parker*

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# **Re-Introduction to Intimacy: a Workbook for the Single Man: Part 2. Learn the skills : Become Expert and ready for Intimacy (Volume 5)**

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## **Re-Introduction to Intimacy: a Workbook for the Single Man: Part 2. Learn the skills : Become Expert and ready for Intimacy (Volume 5) Ms Sierra Parker**

You know you want more fun and intimacy in your life. Let's get started to change how you go about it by introducing chastity into your life. You can do it. You can change. Re-introduction to Intimacy: a workbook for the single man---Making male chastity work for you!! Part 1---Build the Foundations: Let's get Started !!! is the course you can use to help you become fully mindful of a potential partner's needs, desires and aspirations. This is part 2 of the course and covers extra skills you will need and how to become more expert in all you need to make and keep relationships Even if you do not already have a partner with whom you can explore the use of male chastity to increase intimacy in your life you can still prepare yourself and learn the skills you will need to make relationships and allow them to develop. The single man is often so ill prepared for an intimate relationship that he needs training and development and chastity can help to make this possible. he needs to find a woman who will agree to be his supervisor and to hold the key to his chastity device . I can help to put you in touch with someone who will be able to do this via the email [sierraparker57@gmail.com](mailto:sierraparker57@gmail.com). Women who choose to hold the key to their man's most private parts can have fun, be satisfied and empowered to stimulate all parts of their relationship. Men who give the gift of their chastity to their partner will be rewarded beyond their wildest dreams and helped to change how they relate and live a life full of intimacy in everything they do. This is volume 4 of a series that started with the book "Restart Intimacy". Now with this volume you can continue the course of self improvement to challenge your past behaviours and build a new intimate life that you started with part 1 of the course " Build the Foundations". This is the way for a single man who does not at present have a partner to help him to build the foundations of a new life. This volume will concentrate on specific skills you can learn to make things even better, and make every part of your lives intimate. I recommend you to use this course and to discover how to change your life. Your supervisor on this journey will be able to help you change with discussions , exercises, and the introduction of chastity into your life. Now is the time to change and to embrace chastity to allow you to grow in intimacy. Let go and learn new skills and deeper intimacy. This can be fun so go for it !!!

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