



No Desire to Drink: How to Stop the Routine of Excessive Drinking

Peter Claylan

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No Desire to Drink is a clear, compelling look at the developmental process of the high functioning alcoholic, self-recognition, and what it takes to beat the problem of excessive drinking. Insightful in its presentation, No Desire to Drink chronicles one man's thirty year experience as a high functioning alcoholic, the slow and silent development of problem drinking and its associated pitfalls, the process of self-recognition, and the introspective methods employed to absolve oneself of the problem of excessive drinking. For those that suspect they may have a problem with excessive drinking, or know someone that may fit the description, No Desire to Drink provides an opportunity to draw parallels and similarities that will assist an individual in making a determination of a potential problem they, or someone they know, may have. Success in beating the problem of excessive drinking can be accomplished without the assistance of Alcoholics Anonymous or other help groups, as No Desire to Drink outlines a different perspective on the topic of alcoholism and the high functioning alcoholic--that problem drinking for such individuals is likely more habit and routine-oriented than chronic or mental condition.

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