



My Journey with Jesus and Manic Depression

Elizabeth Goodwin

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MANIC DEPRESSION. At twenty years old Elizabeth was diagnosed with this illness, and told she should start taking Lithium Carbonate pills right away. So she did. So began many years of taking and trying various drugs. What was worse was the nervous breakdowns which came every few years. They disrupted and confused her life. And the doctors had no real solutions. Then Elizabeth believed in Jesus being the Son of GOD come in the flesh, at twenty-six years old and slowly her life began to change. Though there were extremely hard times (a horrible crime, a sentence served in the penal code system, and divorce) her friendship with GOD, and reading the Bible then started to lessen the frequency of her illnesses. Until they were gone. Elizabeth loved Jesus so much, not just for this healing, but for being her best friend and GOD. Their friendship is forever!

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