



The Little Book of Buddhist Rebirth (The Little Books on Buddhism) (Volume 6)

Eric K Van Horn

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The Little Book on Buddhist Rebirth looks at questions related to how the Buddha's teachings on rebirth apply to Buddhist practice. It starts with some fundamental questions, starting with "Did the Buddha actually teach rebirth?" And if he did, was he talking about the transmigration of a being from one lifetime to the next, or was it a metaphor for other types of phenomena like mental activity? Next the Little Book looks at whether there is evidence that rebirth is a reality. What do studies on past life experiences tell us? What does our knowledge of Near Death Experiences tell us, and does this relate to how Buddhists describe rebirth? There is also a discussion of The Tibetan Book of the Dead and how its description of the death process compares to Near Death Experiences. Then there is an examination of whether belief in rebirth is necessary to attain Awakening. Even if rebirth is part of the Buddha's teachings, is it necessary to believe in rebirth in order to liberate our minds from suffering and stress? Or is rebirth a cultural artifact from ancient India, and we can dispense with it? Finally there is a description of the Buddhist cosmology, how the Buddhist tradition came to understand the different realms in the universe. This Little Book takes us beyond views and practices that fit comfortably into conventional reality. It prepares us for the transcendent teachings of the Buddha, and into the mystical world that lies beyond time and space.



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The book The Little Book of Buddhist Rebirth (The Little Books on Buddhism) (Volume 6) has a lot of knowledge on it. So when you make sure to read this book you can get a lot of advantage. The book was written by the very famous author. The writer makes some research before write this book. This particular book very easy to read you can get the point easily after looking over this book.

David Carson:

People live in this new day time of lifestyle always make an effort to and must have the time or they will get large amount of stress from both everyday life and work. So , whenever we ask do people have spare time, we will say absolutely indeed. People is human not just a robot. Then we request again, what kind of activity are you experiencing when the spare time coming to anyone of course your answer will unlimited right. Then ever try this one, reading publications. It can be your alternative in spending your spare time, the particular book you have read is usually The Little Book of Buddhist Rebirth (The Little Books on Buddhism) (Volume 6).

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