



It's Not Easy Being Green: One Family's Journey Towards Eco-Friendly Living

Dick Strawbridge MBE

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It's Not Easy Being Green follows Dick Strawbridge and his family as they leave their comfortable home in the Midlands to tackle a remarkable self-sufficiency project—New House Farm in Cornwall. Their main objective is to have as little negative impact on the planet as possible by producing no waste and removing their dependency upon fossil fuels—all without compromising on their comfortable, modern 21st-century lifestyles. It's a laudable aim, but they are definitely not eco-warriors! With his hands-on, flamboyant approach, Dick offers practical tips on everything, from constructing water wheels, gadgets, and greenhouses, to the trials of living with animals and coming up with "proper" wholesome food. Packed with information about the cost of power, sourcing building materials, taking up permaculture, and finding transport alternatives, *It's Not Easy Being Green* highlights the small steps that can change your life and is a simple, inspirational guide for everyone considering the path to green living.

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