



Naturally Sweet: Bake All Your Favorites with 30% to 50% Less Sugar (America's Test Kitchen)

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In this timely, unique cookbook, America's Test Kitchen tackles the monumental challenge of creating foolproof, great-tasting baked goods that contain less sugar and rely only on natural alternatives to white sugar.

White sugar is one of the most widely demonized health threats out there, even more than fat, and consumers are increasingly interested in decreasing the amount of sugar they use and also in using less-processed natural sweeteners. But decreasing or changing the sugar in a recipe can have disastrous results: Baked goods turn out dry, dense, and downright inedible. We address these issues head-on with 120 foolproof, great-tasting recipes for cookies, cakes, pies and more that reduce the overall sugar content by at least 30% and rely solely on more natural alternatives to white sugar.

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James Murray:

A lot of people always spent all their free time to vacation as well as go to the outside with them family members or their friend. Do you know? Many a lot of people spent they will free time just watching TV, as well as playing video games all day long. If you need to try to find a new activity this is look different you can read any book. It is really fun in your case. If you enjoy the book which you read you can spent the whole day to reading a publication. The book Naturally Sweet: Bake All Your Favorites with 30% to 50% Less Sugar (America's Test Kitchen) it is extremely good to read. There are a lot of individuals who recommended this book. These folks were enjoying reading this book. If you did not have enough space to create this book you can buy typically the e-book. You can m0ore simply to read this book from the smart phone. The price is not too expensive but this book offers high quality.

Richard Daniels:

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