



Self Discipline: Think Big: Overcome Fear: 3 Books in 1: Develop Rock Solid Self Discipline, Accomplish Giant Goals & Eliminate Fear From Your Life ... Fear Strategies For Success In Life)

Ace McCloud

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Would you like more in control of your life? Do you ever wonder what you are truly capable of? Ready to banish fear from your life?

3 Books in 1: An unbeatable combination of the best strategies for boosting your self-discipline, thinking big, and conquering fear!

Whether you want to (1) increase your **willpower**, (2) create big things in your life, or (3) put fear in its proper place, **this book** will teach you **everything** you need to know.

Maximize your potential for success.

Employ proven self-control tactics and world class strategies to achieve excellence in your physical and mental health, the management of your finances, the shunning of addictive substances, and the skillful management of your time.

What Will You Discover About Self-discipline?

- Why self-discipline is the most valuable trait you will ever possess.
- How self-discipline can help your health, finances, time management and strategic planning.
- How self-discipline can be used to **increase your influence and your persuasiveness**.
- World's best strategies for increasing your willpower and self-discipline.
- The best ways to recharge your willpower and self-discipline.
- **Mental self-discipline strategies** used by great leaders around the world.
- How to get things done even when you don't feel like it.
- How to make self-discipline a **permanent winning habit** in your life.

Turn your big dreams into reality.

Discover the incredibly powerful magic of **thinking big**. Included is step-by-step guidance on how to **turn your big idea** into something that **exists in the real world**. Stop aiming for average goals, start thinking of big things that will really make a **BIG** difference in your life! The ability to think big is a common trait of many of the greatest people who have ever lived and it has been proven over the centuries to have incredible results!

What Will You Learn About Thinking Big?

- How to **gain the confidence** you need to realize your big idea.
- Powerful ways for training your mind for automatic success.
- How to **work smarter**, stay motivated and transform every obstacle in your path.
- How to develop a powerful work ethic based upon world class **good habits**.
- How to create your own **30-day strategy action plan**.
- Inspiring true life stories.
- How to get others to help you accomplish your big goals.
- **Powerful morning rituals** for starting the day off right.

Master your fear once and for all!

Your mind is a marvelous tool. You can use it to your advantage to short-circuit the fear in your life. In this book you will learn valuable psychological "tricks" that can actually fool your fear into letting go. These powerful tools, when used daily, will begin to diminish your fear, and over time crush it out of existence.

What Will You Discover About Overcoming Fear?

- What fear is and what causes it.
- Key strategies for quickly eliminating panic attacks.
- **Mental techniques** for conquering fear.
- How to properly use hypnosis to defeat fear.
- Yoga and other physical activities that combat panic and fear.
- All-natural foods and supplements that help **reduce fear and anxiety**.
- Modern medical strategies and medicines that really work.
- How to create a personal action plan to banish fear from your life.

Combined, these three books can revolutionize your life.

Get the complete package: Buy It Now!



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From reader reviews:

Harry Nelson:

Why don't make it to be your habit? Right now, try to prepare your time to do the important act, like looking for your favorite e-book and reading a publication. Beside you can solve your problem; you can add your knowledge by the e-book entitled Self Discipline: Think Big: Overcome Fear: 3 Books in 1: Develop Rock Solid Self Discipline, Accomplish Giant Goals & Eliminate Fear From Your Life ... Fear Strategies For Success In Life). Try to the actual book Self Discipline: Think Big: Overcome Fear: 3 Books in 1: Develop Rock Solid Self Discipline, Accomplish Giant Goals & Eliminate Fear From Your Life ... Fear Strategies For Success In Life) as your good friend. It means that it can to be your friend when you experience alone and beside associated with course make you smarter than ever before. Yeah, it is very fortuned for yourself. The book makes you much more confidence because you can know every thing by the book. So , let me make new experience along with knowledge with this book.

Julie Boyle:

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Christina Ruiz:

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