



Manual of Dietetic Practice

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Since it was first published in 1988, the Manual of Dietetic Practice has become an indispensable textbook and reference for all those involved in the field of clinical nutrition and dietetics. Compiled from the knowledge of both individual experts and the British Dietetic Association's Specialist Groups, it is a comprehensive guide to the principles and practice of dietetics across its entire range - from health promotion to disease management. The third edition has been fully revised in terms of content and presentation, and new topics such as clinical effectiveness, cognitive behavioural therapy and healthcare ethics have been included.

From reviews of previous editions

'All sections of this book are excellently written and presented. In the introduction the editor states that its purpose is "to provide the information dietitians need in order to use their skills effectively". The production of such an authoritative source of essentially practical information on all aspects of dietetics fulfils this aim and the book can be recommended to qualified and student dietitians alike. Although the manual is clearly aimed at dietitians in clinical practice, it will be a useful reference source for all health care professionals with an interest in nutrition.' European Journal of Clinical Nutrition

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'This manual is an excellent resource for experienced practitioners. It is well organized and filled with practical, clearly presented, sound information.' Journal of Nutrition Education

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