



# Health Promotion in Multicultural Populations: A Handbook for Practitioners and Students

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## **Health Promotion in Multicultural Populations: A Handbook for Practitioners and Students**

Edited by Robert M. Huff, Michael V. Kline, and Darleen V. Peterson, the Third Edition of **Health Promotion in Multicultural Populations** offers both students and practitioners an indispensable resource on assessment and implementation guidelines for promoting health and enhancing behaviors that optimize health in any cultural community.

Leading experts explore a wide range of topics, including the context of culture, cross-cultural perceptions of health, conceptual approaches to multicultural health promotion, health disparities, and the contributions of multicultural populations. Using the Cultural Assessment Framework (CAF), this proven handbook includes a focus on six specific populations (Hispanic/Latino, African American, American Indian and Alaska Native, Asian American, Pacific Islanders, and Arab Americans). The text concludes with a set of tips for working cross-culturally and a discussion about where the field is heading with respect to research and practice in the 21st century.

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