



Bloom: A Girl's Guide to Growing Up Gorgeous

Carmindy

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From the makeup artist on TLC's *What Not to Wear*, a full color make-up book that shows teenagers how to embrace their own inner beauty.

Carmindy gives teens the beauty basics and best skincare practices needed to grow up gorgeous. Instead of teaching them to cover up their “flaws,” she demonstrates how to emphasize their best features in the most effortless and teen-budget-friendly ways possible.

Along with easy-to-follow makeup application tips, this book features beautiful, transformational photos of real-life girls as they get “Carmindized” in age-appropriate make-overs. Carmindy also offers inspiring advice for dealing with a wide range of self-esteem and image issues: from zits and glasses to bullying and peer pressure.

Throughout, Carmindy reminds readers to always face the world, and everyone in it, with grace and a positive outlook.

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