



# **That Winning Feeling!: A New Approach to Riding Using Psychocybernetics**

*Jane Savoie*

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That Winning Feeling! is all about choosing your future as a rider--and perhaps as a human being.

Encompassing the areas of dressage, eventing, and show jumping, Olympic candidate Jane Savoie presents a revolutionary approach to riding by which you can train your mind and shape your attitudes to achieve higher levels of skill than ever imagined. "Psychocybernetics," the science of positive mind power, will show you how to replace your negative perceptions with creative, constructive, and practical ideas.

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