



The Art of Sensual Aromatherapy: A Lover's Guide to Using Aromatic Oils and Essences

Nitya Lacroix, Sakina Bowhay

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The Art of Sensual Aromatherapy: A Lover's Guide to Using Aromatic Oils and Essences Nitya Lacroix, Sakina Bowhay

Combining the two age-old art forms of aromatherapy and massage, this book shows lovers how these forms can be used to soothe the mind and body. Enhanced with 105 color photos, this romantic guide reveals how to achieve total health and pleasure by harnessing the power of natural, sensual perfumes from plants, flowers, and herbs.



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