



# Coping with Endometriosis: A Practical Guide

*Robert Phillips, Glenda Motta*

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"Coping with Endometriosis" is the latest addition to Avery's "Coping With Chronic Diseases" series, with over 390,000 copies sold. An estimated 5.5 million women in the U.S. and Canada suffer from the physical and emotional pain of chronic endometriosis. Despite this number, the disease is largely misunderstood and frequently misdiagnosed. This authoritative book thoroughly explains endometriosis, a disorder that effects a woman's reproductive and immune systems, causing painful growths, bleeding and often infertility. Readers will learn about the latest treatment options, including both conventional and alternative therapies. Like the other books in this series, it offers wonderful suggestions for alleviating the psychological and emotional anguish, which often accompany chronic diseases. This is a coping guide that will help women and their families take control and lead fuller, more normal lives.



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