



# **SHE Teen: Becoming a Safe, Healthy, and Empowered Woman - God's Way**

*Rebecca St. James, Lynda Hunter Bjorklund*

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Super-tough. Super-sexy. Ultra-compromising. Is this what it means to be a woman? Grammy Award-winning artist Rebecca St. James and coauthor Lynda Hunter Bjorklund want to give teen girls a new choice. They want girls to know that they can be safe, healthy, and empowered by finding their identity in Christ. This eye-catching, full-color bookzine hits all the hot issues girls are dealing with?sex and purity, body image and eating disorders, boundaries and purpose?and encourages teen girls to be all God made them to be.



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