



Divorce: Emotional Impact and Therapeutic Interventions (Margaret S Mahler (jar))

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Divorce: Emotional Impact and Therapeutic Interventions offers a broad survey of psychodynamic observations on the antecedents and consequences of divorce. In this volume, distinguished clinical psychologists and psychoanalysts explore the emotional divorce that invariably precedes the one granted by a court and focus as well upon the emotional impact of the actual divorce upon the spouses, children, friends, and family. Examining a variety of modern families, chapters address both short-term and long-term sequelae of divorce, transgenerational reverberations, and the occasional, unsung benefits of divorce. The concept of a “good-enough divorce” further illustrates how the adverse effects of divorce can be kept at a minimum, and the process itself can allow patients unexpected self-reflection. A valuable resource for clinicians, *Divorce: Emotional Impact and Therapeutic Interventions* demonstrates how therapists and patients can work through a divorce to yield deeper insights into the self, greater tolerance of one’s own limitations, and lay the groundwork for contentment with a future partner.



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