



How to Control Your Emotions: An In-Depth Guide to Understanding People, Relationships, Failure and Success

Tamara Armour

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God is tired of seeing his people struggle through life defeated, afraid and powerless. When Jesus died on the cross he removed every shackle and bondage that Satan could every think of. But what is happening today is Satan is thinking smarter. He has removed the physical chains and bondages and replaced them with invisible ones you cannot physically see. The chains are still there but they are hidden in our minds mentally.

God does not want his people destroyed from lack of knowledge (Hosea 4:6, KJV). The way the evil is rising in the world today there is no time to sugar coat words and dance around the truth. As Christian people we have to be aware of our own self before we will be able to understand anyone else. May this book help and guide you in your journey of life. I ask God for an anointing power to pour out on his people; that will remove any bondage's and chains from the enemy in the name of Jesus.

-Amen-

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