



Food and Cooking in Ancient Egypt (Cooking in World Cultures (Paperback))

Mr Clive Gifford

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The Ancient Egyptian civilization lasted from around 3000 BC all the way to 30 BC, and despite being built over 2000 years ago many of their grand structures still stand today. The food that drove this civilization to success was as fiery and spicy as the Egyptians themselves. This book contains easy-to-follow recipes from the ancient Egyptian recipe book such as the flavorful, seed-based Dukkah dip.

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