



Adult Coloring Journal: Survivors of Incest Anonymous (Safari Illustrations, Pastel Elegance)

Courtney Wegner

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Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.



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From reader reviews:

Mark Carter:

This Adult Coloring Journal: Survivors of Incest Anonymous (Safari Illustrations, Pastel Elegance) book is simply not ordinary book, you have after that it the world is in your hands. The benefit you receive by reading this book is definitely information inside this guide incredible fresh, you will get data which is getting deeper an individual read a lot of information you will get. This particular Adult Coloring Journal: Survivors of Incest Anonymous (Safari Illustrations, Pastel Elegance) without we realize teach the one who examining it become critical in considering and analyzing. Don't become worry Adult Coloring Journal: Survivors of Incest Anonymous (Safari Illustrations, Pastel Elegance) can bring any time you are and not make your case space or bookshelves' turn into full because you can have it in the lovely laptop even cellphone. This Adult Coloring Journal: Survivors of Incest Anonymous (Safari Illustrations, Pastel Elegance) having fine arrangement in word along with layout, so you will not experience uninterested in reading.

Katie Johnson:

People live in this new day of lifestyle always attempt to and must have the time or they will get wide range of stress from both day to day life and work. So , once we ask do people have spare time, we will say absolutely yes. People is human not really a huge robot. Then we inquire again, what kind of activity do you have when the spare time coming to a person of course your answer will certainly unlimited right. Then do you ever try this one, reading books. It can be your alternative in spending your spare time, the book you have read is usually Adult Coloring Journal: Survivors of Incest Anonymous (Safari Illustrations, Pastel Elegance).

Nicole Reagan:

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