



# A Believer's Guide to Fasting

*Abd-Allah Siraj Al-Din Al-Husayni, Hisham Burhani, Amjad Mahmood*

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Two treatises discuss and examine the various aspects of fasting and contribute to serving this great pillar of Islam, written by two eminent scholars; both from the blessed land of Syria. The first is by Shaykh 'Abd-Allah Siraj al-Din from Aleppo wherein the author examines: The wisdom behind fasting Its obligations, Etiquettes Requirements Benefits and virtues. It includes an interesting and lengthy discussion on the Night of Divine Decree (commonly referred to as the Night of Power), exploring its derivation, significance and virtues. The second is by the Late Syrian Hanafi scholar Shaykh Hisham Burhani, and primarily deals with: The legal aspects of fasting Its rules and regulations in accordance with the Hanafi school of Islamic Jurisprudence. They serve as a means of providing the believer with indispensable knowledge of this pillar so that he may maximize in reaping the reward and the benefit from the blessed month of Ramadhan. ' Allah has not legislated for us this compulsory hunger every year for an entire month except that every individual should achieve the spiritual, health and social benefits which the legislation of fasting contains'. Shaykh Hisham Burhani

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