



## Mental Health Medications

*U.S. Department of Health and Human Services, National Institutes of Health, National Institute of Mental Health*

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Medications are used to treat the symptoms of mental disorders such as schizophrenia, depression, bipolar disorder (sometimes called manic-depressive illness), anxiety disorders, and attention deficit-hyperactivity disorder (ADHD). Sometimes medications are used with other treatments such as psychotherapy. This guide describes: Types of medications used to treat mental disorders; Side effects of medications; Directions for taking medications; Warnings about medications from the U S Food and Drug Administration (FDA). Choosing the right medication, medication dose, and treatment plan should be based on a person's individual needs and medical situation, and under a doctor's care.

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