



How to Heal Your Broken Heart: A Cardiologist's Secrets For Physical, Emotional, and Spiritual Health

Kirk Laman

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Is your heart in trouble? Do you have physical heart problems? Are you dealing with emotional issues that leave you constantly feeling strained? Do you have a broken heart? For the past twenty years Dr. Kirk Laman has been working with people struggling with issues of the heart: actual physical heart disease, but also deep sadness, fear, and hopelessness- the psychological problems that can literally cause illness of the heart. How to Heal Your Broken Heart-A Cardiologist's Secrets for Physical, Emotional, and Spiritual Health can eliminate fear, improve health, and find peace of mind.

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