



# Adventures in Human Being

*Gavin Francis*

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Gavin Francis

## Adventures in Human Being Gavin Francis

We have a lifetime's association with our bodies, but for many of us they remain uncharted territory.

In *Adventures in Human Being*, Gavin Francis leads the listener on a journey through health and illness, offering insights on everything from the ribbed surface of the brain to the secret workings of the heart and the womb; from the pulse of life at the wrist to the unique engineering of the foot.

Drawing on his own experiences as a doctor and GP, he blends firsthand case studies with reflections on the way the body has been imagined and portrayed over the millennia. If the body is a foreign country, then to practise medicine is to explore new territory: Francis leads the listener on an adventure through what it means to be human.

Both a user's guide to the body and a celebration of its elegance, this audiobook will transform the way you think about being alive, whether in sickness or in health.

Gavin Francis is an award-winning writer and doctor and a contributor to *The Guardian*, *The New York Review of Books* and *London Review of Books*.

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