



# **The Adolescent Community Reinforcement Approach: A Clinical Guide for Treating Substance Use Disorders**

*Susan H Godley RhD, Jane Ellen Smith PhD, Robert J Meyers PhD, Mark D Godley PhD*

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The Adolescent Community Reinforcement Approach (A-CRA) is an evidence-based, developmentally-appropriate behavioral treatment for youth and young adults ages 12 to 25 years old with substance use disorders and related problems. Listed in several state and federal registries, including the National Registry of Evidence-Based Programs and Practices, A-CRA clinicians help youth and parents increase the family, social, and educational/vocational reinforcers to support recovery. Written by Drs. Susan H. Godley, Jane Ellen Smith, Robert J. Meyers, and Mark D. Godley, the principal researchers and experts in A-CRA, *The Community Reinforcement Approach: A Clinical Guide for Treating Substance Use Disorders* provides behavioral and mental health professionals with the detailed guidance needed to implement this evidence-based treatment.



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