



# **Toughest Men in Sports: Looking for the Mental Edge**

*Mike Chapman*

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# Toughest Men in Sports: Looking for the Mental Edge

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## **Toughest Men in Sports: Looking for the Mental Edge** Mike Chapman

An in-depth look at ten of the toughest men in sport...featuring Muhammad Ali, Bruce Lee, Dan Gable, Rocky Marciano, Jack Dempsey, Dan Hodge, Gene Tunney, Wayne Baughman, Frank Gotch and Bill Wallace. Read how these legendary sports heroes fought their way to the very top of their respective fields. The Toughest Men in Sports provides a probing in-depth look at the mental side of their successes. It enables you to journey with them and learn from them the innermost thoughts and feelings that allowed them to WIN. (This is a reprint of the 1984 edition published by Leisure Press.)

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