



How Men Have Babies: The Pregnant Father's Survival Guide

Alan Thicke

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There are books written especially from the male perspective on how to parent, and how to participate in the birth – but none on how to be pregnant. Until now. What you hold in your hand is a combination sage advice, expert opinion, and side-splitting truths on the up and downside of pregnancy for men. Alan Thicke, one of America's favorite funny men and father of three, with a little help from father-friends including Ray Romano, Wayne Gretzky and Dave Barry, has written the ultimate how-to guide for dads-to-be.

Alan provides the real information and comic relief necessary to assure that your sense of humor doesn't fall victim to your pregnancy, as he expertly guides you through each step of the nine months. From Breasts to Birthing Class, How Men Have Babies is about pregnancy from a man's perspective, intended to get him involved early and fully.



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