



Let Not Your Heart Be Troubled: What My Grandmother Taught Me and What You Need to Know to Navigate Through Life

Corey Bu-Shea

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The wisdom of grandparents is necessary and life affirming. I was fortunate to not only have my grandmother's wisdom for over twenty-four years of my life, but I was also raised by her. Let Not Your Heart Be Troubled is a compilation of some of her most important life lessons, and how they related to my life experiences. This book is part autobiography, part self-help and a testimony of my grandmother's wisdom and how it has impacted my life.



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