



Ginger: Common Spice and Wonder Drug

Paul Schulick

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How could a spice adored worldwide for its lively flavor conceivably revolutionize medicine as we know it today? Inspired by Ginger's 5000-year history, Paul Schulick began a revealing investigation that ultimately linked the claims of the ancient herbals to the remarkable and extensive findings of international medical research. Supported by hundreds of scientific references, the reader is led to discover the extraordinary personal and social benefits of using Ginger.

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