



## BMA Carer's Manual

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# BMA Carer's Manual

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This title offers a practical, visual guide for the home carer. If you're one of the millions of people who are caring for a friend or family member then the "BMA Carer's Manual" will be an essential reference.

Endorsed by the British Medical Association, this is the definitive guide to caring for the elderly or sick, offering practical advice and solutions for everyday concerns such as adapting living space and safe movement and handling. Step-by-step sequences explain essential activities such as helping someone in and out of a chair and special features focus on topics relating to common conditions. "The BMA Carer's Manual" provides accessible, reliable information and is a life-saver for anyone providing short or long-term care for a sick or elderly person at home.

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