



The Untold History of the Potato

John Reader

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The story of one of the world's most important food crops.

From the first nomads travelling down the coast of the Americas nearly 15,000 years ago to the contemporary uses of potato starch in industrializing China, the story of the potato is both satisfying and fascinating. Consisting mainly of energy-giving carbohydrate, protein, vitamin C and potassium, potatoes have been grown safely and cheaply underground in almost any weather and soil conditions, helping to fuel industrial revolution and population explosions. As global population swells and famine remains a constant risk, and environmental sustainability becomes ever more crucial, Reader asks what role the spud still has to play.

The familiar, ubiquitous potato is part of our sense of mundane normality, but its story is one of struggle, disease and survival. **The Untold History of the Potato** is a fascinating exploration of the biology, history and social influence of our most humble and versatile foodstuff.

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Michael Vu:

Spent a free time for you to be fun activity to complete! A lot of people spent their leisure time with their family, or their own friends. Usually they accomplishing activity like watching television, going to beach, or picnic from the park. They actually doing same thing every week. Do you feel it? Would you like to something different to fill your personal free time/ holiday? May be reading a book could be option to fill your no cost time/ holiday. The first thing that you ask may be what kinds of publication that you should read. If you want to attempt look for book, may be the publication untitled The Untold History of the Potato can be excellent book to read. May be it could be best activity to you.

Laura Hargis:

The particular book The Untold History of the Potato has a lot associated with on it. So when you read this book you can get a lot of advantage. The book was written by the very famous author. The writer makes some research just before write this book. This particular book very easy to read you can get the point easily after reading this article book.

Jamie Ault:

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