



## The Outward Mindset: Seeing Beyond Ourselves

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## **The Outward Mindset: Seeing Beyond Ourselves** The Arbringer Institute

The Outward Mindset offers a new and intuitive way to teach people how to implement mindset change in themselves and scale it across organizations, with incredible effect. One's mindset can be self-focused, which Arbinger calls an inward mindset, or it can be inclusive of others, which Arbinger calls an outward mindset. It turns out that our own actions, and others responses to those actions, end up being dramatically different depending on which mindset we are operating from. The Outward Mindset teaches listeners how to shift more fully to an outward mindset and how to help others, even whole organizations, to make that shift?a shift that sparks innovation, increases accountability, and transforms collaboration, engagement, and fulfillment.



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