



# Health and Culture: Beyond the Western Paradigm

*Collins O. Airhichenbuwa PhD*

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## Health and Culture: Beyond the Western Paradigm Collins O. Airhihenbuwa PhD

Offering a trenchant analysis of the effect that culture has in determining our perceptions - and expectations - of health care, this provocative volume challenges traditional, Westernized, medical models. The author surveys various aspects of the health education domain, discusses the elements that inform an educational diagnosis of health behaviour and considers the cultural appropriateness of health behaviour in general.



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